

## New Target Gallery Exhibition Explores the Art of Movement and Performance

*Movements, Moments*  
Through March 7, 2021

Virtual Reception: Friday, February 12, 2021 | 7 p.m. via <https://www.facebook.com/TargetGallery>

**February 8, 2021—Alexandria, Va.** —The newest group exhibition in [Target Gallery](#), the contemporary exhibition space of Torpedo Factory Art Center, is a hybrid digital and in-person exhibition. *Movements, Moments* focuses on the intersection of art and movement. It is on view through March 7, 2021, in Studio 2 of Torpedo Factory Art Center (105 N. Union St.)

Many of the artists use physical movement as a form of visual expression. The exhibition features six filmed performance-based works. Others had more conceptual interpretations of movement and explored transcendent topics like growth or the passage of time.

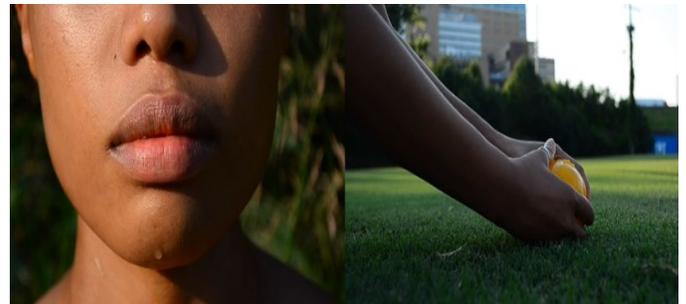
The exhibition features 20 artists, with 12 from the greater D.C. metropolitan region.



Allison Roberts, *Naming, Not Knowing*, 2019. Video Still.

### Participating artists are:

[Laurie Berenhaus](#), Jersey City, NJ  
[Matthew Borgen](#), Philadelphia, PA  
[Chris Combs](#), Washington, DC  
[Gala Cude-Pacheco](#), Washington, DC  
[Alexander D'Agostino](#), Baltimore, MD  
[Sara Dittrich](#), Baltimore, MD  
[Josephine Lee](#), Vancouver, BC, Canada  
[Bingyi Liu](#), Baltimore, MD  
[Jillian Abir MacMaster](#), Frederick, MD  
[Laura Mongiovi](#), St. Augustine, FL  
[Jassie Rios](#), Washington, DC \*  
[Allison Roberts](#), St. Louis, MO  
[LaRissa Rogers](#), Ruckersville, VA  
[Sweta Shah](#), Vienna, VA  
[Lynn Silverman](#), Baltimore, MD  
[Amy Sinbondit](#), Chevy Chase, MD



LaRissa Rogers, *We've Always Been Here, Like Hydrogen, Like Oxygen*, 2020. Two-channel video performance still.

[Sarah Trad](#), Philadelphia, PA  
[Janet Wittenberg](#), Glen Echo, MD  
[Lauren Woods](#), Opelika, AL

\*Artist(s) showing exclusively in the digital online catalogue.

The juror for this exhibition was [Eames Armstrong](#) (she/they), an interdisciplinary artist and arts organizer who has focused much of their artistic career on experimental performance. In their juror's statement Eames talks about how the state of uncertainty we live in, due to the pandemic and societal unrest, has deeply affected the tone of the exhibition. They point out themes of repetition, ritual, and resilience that the exhibition encapsulates.

"The resilience in the works eclipses the uncertainty," they said. "The rituals and repetition are bolstered by confidence and a rich precision of intent. The stories behind these artworks span time greatly from the primordial to the now and the soon. In this shifting space of light and shadow, there is pathos, there is rage, there is bliss, and powerful, unwieldy forces are harnessed, tethered to the moment."



Sweta Shah, *It's Me*, 2020. Acrylic.

Allison Robert's *Naming, Not Knowing* is a black and white abstracted performance video piece that explores transiency and fluidity of place. Roberts creates fleeting forms through strict manipulation of light and form.

LaRissa Roger's filmed performance piece "*We've Always Been Here, Like Hydrogen, Like Oxygen*" is a two-channel video depicting Roger's rubbing her body with an orange. The fruit recalls the murder of Latasha Harlins, whose death after being wrongfully accused of stealing a bottle of orange juice inspired the 1992 LA riots. The work addresses what it is to inhabit the world in the body of a black woman. She uses the orange as symbolism of being pasteurized, commodified, and sold for consumption. This motion and action of cleansing herself is an act of self-care and resistance.

Sweta Shah's *It's Me* is a self-portrait, illustrating the passage of time and a reflection of the artist's past self. This acrylic painting shows the artist's inner child being reflected their current self, representing the notion that you will always carry that inner-child with you through your life.

*Movements, Moments* is on view through Sunday, March 7, 2021. Target Gallery hosts a virtual reception via Facebook Live on Friday, February 12, at 7 p.m. with a livestream premiere of a video tour of the exhibition by juror Eames Armstrong and DJ set and performance by artist Jassie Rios. Access it at [facebook.com/targetgallery](https://facebook.com/targetgallery). The [online catalogue](#) will be live by Friday, February 12 and viewable on our website at [torpedofactory.org/catalogs](https://torpedofactory.org/catalogs).

Target Gallery is open Wednesday through Sunday from 10 a.m. – 6 p.m. Target Gallery has a limited visitor capacity to allow for social distancing. Those who wish to visit Torpedo Factory Art Center are asked to adhere to current [Virginia Safer at Home guidelines](#), including maintaining a social distance with people from different households, wearing face coverings indoors, and frequent handwashing for 20 seconds or use of hand sanitizer with at least 60% alcohol.

### About the Juror

**Eames Armstrong** (she/they) is an interdisciplinary artist and arts organizer. Recent solo and two-person exhibitions include Redux Contemporary Arts Center (Charleston, SC), RhizomeDC, Sense Gallery (DC), and Flashpoint Gallery (DC). Eames has performed at High Zero Festival of Experimental Improvised Music (Baltimore), Defibrillator Performance Art Gallery (Chicago), Torpedo Factory Art Center (VA), and many other exhibition spaces, noise fests, and basements. In 2016, Eames was the Emerging Curator at VisArts in Rockville, MD, and a fellow in the pilot program of Halcyon Arts Lab in DC. Eames was the 2017-2018 Curatorial Fellow in Queer Art Mentorship (NYC). Currently based in Brooklyn, Eames works at ISSUE Project Room, a nonprofit organization dedicated to experimental performance. Eames received an MFA from the George Washington University in 2016, and a BFA from the School of the Museum of Fine Arts, Boston in 2010.

### About Target Gallery

Target Gallery is the contemporary exhibition space for the Torpedo Factory Art Center. The gallery promotes high standards of art by continuously exploring new ideas through a variety of visual media in a rotating schedule of national and international exhibitions. More information is available via [torpedofactory.org/target](https://torpedofactory.org/target).

### About Torpedo Factory Art Center

Founded in 1974 in an old munitions plant, Torpedo Factory Art Center is home to the nation's largest number of publicly accessible working artist studios under one roof. The City of Alexandria manages Torpedo Factory Art Center through the Department of Recreation, Parks and Cultural Activities as part of the [Office of the Arts](#)' family of programs and facilities. Just south of Washington, D.C., the Art Center overlooks the Potomac River in the Old Town section of Alexandria, Va. Each year, more than a half million national and international visitors meet and interact with more than 160 resident artists in 82 studios and seven galleries. For more information, visit [torpedofactory.org](https://torpedofactory.org) or follow the Art Center on [Twitter](#), [Facebook](#), [Instagram](#) and [Pinterest](#) via @torpedofactory.

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High Resolution Images Available. Private press viewings may be scheduled upon appointment.

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